2 Timothy

Paul #61

Be Strong in Christ (2 Timothy 1:1-2:13)

Memory Verse

"That is why I am suffering as I am. Yet I am not ashamed, because I know whom I have believed, and am convinced that He is able to guard what I have entrusted to Him for that day." 2 Timothy 1:12

10. Why did Paul endure everything?

Teen Thought

How do you build physical strength? Design a strength-building regimen. How do you build spiritual strength? Are you a spiritual "wimp"? Design a spiritual strength building regimen.

Tips for Teaching

Paul gave hope and encouragement to Timothy. Christian's come under increasing persecutions from Romans throughout the empire. The pressure to abandon the faith was strong. We must seek strength from God to deal with daily stresses and the pressure to abandon our faith.

Additional Scriptures:

1 Kings 2:2; Is. 35:4; Hag. 2:4; 2 Cor. 10:4; Eph. 6:10-12; 1 Tim.1:18; 6:12