

1. Does the promise of entering His rest still stand? _____
2. So how should we behave? _____
3. What is the value of hearing the gospel and not believing it? _____

4. When will unbelievers enter God's rest? _____
5. What day should one's heart be receptive (soft) to His voice? _____
6. Is the rest here in discussion referring to the Sabbath of the Law of Moses? _____
7. What example are we to avoid? _____
8. "For the _____ of God is _____ and _____. Sharper than any _____ sword, it _____ even to the dividing of the _____ and _____, _____ and _____"
9. What does it judge? _____
10. What is hidden from God's sight? _____

Memory Verse

"Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience" Hebrews 4:11

Teen Thought

Have you ever done something which prohibited you from receiving something you really thought you would receive? Were you tempted to blame someone else? What does v.12 say to you about your life? Is your life an "open book" to anyone but God?

Tips for Teaching

Emphasize the importance of personal responsibility in salvation. Discuss why the idea of heaven being a place of "rest" is so important to us. Discuss v.13.

Additional Scriptures:

Exodus 33:14; Job 3:17; Psalm 55:16; 116:7; Is. 28:12; Matt. 11:29; Gal. 6:9; 2 Thess. 1:7; Heb. 12:1; Rev.14:13